GARNET HOUSE

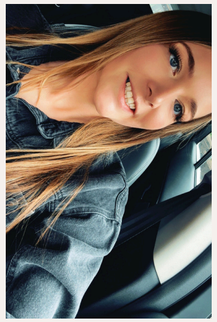
Childrens Guide

Welcome to Garnet House

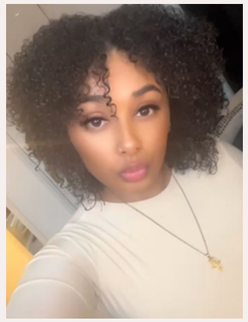
Welcome to Garnet House, this is your very own welcome guide to help you understand about living in your new home. This book belongs to you, so if you are not sure about things you can always see if it tells you about it in here.
We understand you may be feeling a bit worried, so hopefully this book will help you understand more about where you are and why you are here.
Your new address is:
Garnet House,
141 Victoria Road,
Wednesfield,
Wolverhampton,
West Midlands,
WV11 1RL

Garnet house is a safe home for children aged 7–17. We believe in the following:
Growing
Amazing
Relationships
Nurturing
Relationships
Thoughtfully
At Garnet House, we will help you explore your talents, discover your strengths, and prepare for your future. When you are old enough, we will also start helping you prepare for adult life. We will help support and develop your independent skills.
This guide will tell you everything you need to know about what life will look like at Garnet House, but first let's meet the team...

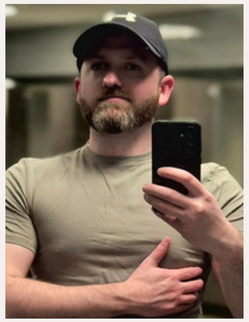
Lets Meet the Team



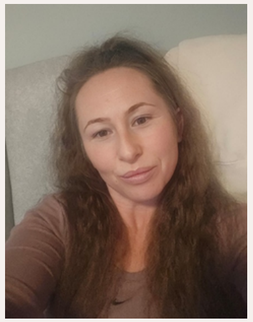
Kirsty - Homes Manager



Alyshia



Jon



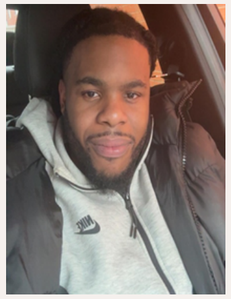
Kirsty



Lamona



Dan - Deptuy Manager



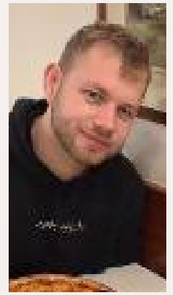
Victor



Sunenah



Devon



Conor



Navid



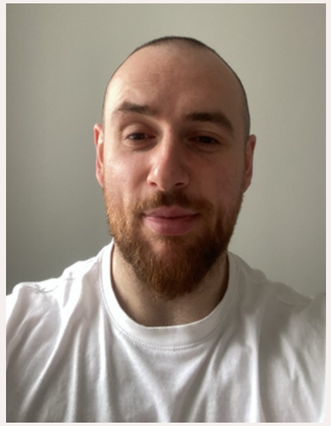
Emie

Other People you will meet



Nikita Allin
Responsiable Individual

Nikita makes sure Garnet House is run properly and safely. She cares about listening to your views and making sure your voice matters.



Liam
Home Counsellor

Liam is someone you can talk to about your thoughts and feelings. You will see him once a week and he will help you try to understand your emotions, worries, and experiences

Our Aims & Promises

At Garnet House, we believe every child and young person is important. These are some of the areas we will help you in:

- To always make you feel welcome & know you're important to us.
- To always listen to you and respect your views, wishes & feelings.
- To keep you safe and cared for.
- To encourage you to dream big and aim high so you can be the best version of yourself. We will never give up on you.
- To help you understand that you are wonderful even when you don't think it & support your uniqueness.
- To talk to you about everything we plan for you so you know what's happening and so you can tell us your views around your care.
- To make sure you meet all of the important people in your life at the right times and support you in doing this.
- To make sure that the important people in your life know how you feel and know what you want.
- To make sure you are at the heart of everything we do at Garnet.
- To laugh, have fun, and make memories together.



Education and Learning



At Garnet we believe that education is important because it opens so many doors to your future. We will encourage you to attend your education and support you with your homework and learning where we can. If you already go to a school or college and want to stay there, we will do our best to make that happen. We understand that education can be a struggle and we will do our best to support you to make it easier.



Health and Wellbeing

Your health matters to us. We will make sure you are registered with a doctor, dentist and optician when you arrive at Garnet. If you need an appointment, we'll arrange it for you and go with you for support.
If you complete next steps to independence in your journey with us we will encourage and support you every step of the way.
We also value your emotions and feelings and we will support and guide you to the right support and networks with professionals.

Kindness, Respect and Bullying

Garnet House is a kind, respectful and welcoming place. Bullying, racism, sexism, or homophobia are never okay here. If you ever feel hurt, unsafe or see someone else being treated badly, please tell us straight away – you will always be taken seriously. Together we will make Garnet House a safe and happy home for everyone.



Family and Friends Time

We know how important family and friends are. When you arrive, a meeting will take place to decide together how best to keep in touch with the people who matter to you. You may be able to see them at home, visit them, or talk to them on the phone. Your social worker and our team will make sure your family time is safe and positive.





Managing Your Emotions

At Garnet we understand that you might struggle with managing your emotions and regulating yourself. When you get frustrated we understand that you may want to hurt someone or break something, carers will do what they can to support you, this may mean that carers will have to intervene until you are able to regulate but this is if there is serious harm/damage to someone else, yourself or to the property. Remember though we will only do this to keep you and everyone else safe. Carers will also do their best to help you learn different ways of coping so you don't feel like you are going to explode. If you do become frustrated and hurt someone/break something we would like to understand this for you.



Weekly Money and Savings

Your money will be stored on your own personal GoHenry Card and when your social worker is in agreeance for you to independently use this, we can set this up for you. Prior to this a carer will help and support you with using your card.



You will receive pocket money and clothing money each week and the amount you receive is depending on your age. Please see the table below:			
Age	**Pocket Money**	**Age**	**Clothing Money**
13-14 years	£12.00	12-18 years	£14
15-16 years	£14.00		
17-18 years	£16.00		

We will also be saving £5 a week for you, which you will get, from your social worker when you turn 18. You will get money for other things too such as clothing, toiletries such as hair care and shower gels.

Fun, Activities and Trips

We will encourage you to go on activities every week as we want you to have fun and experience things that you may not have done before! Staff will plan activities with you during the week after education, weekends and holidays. You might go to places like Alton Towers, Drayton Manor, the Snow-dome, bowling, cinema, swimming, youth clubs, dancing and much more. We also love going on walks & bike rides exploring nature and local places together. You will always be asked what activities you'd like to do if you would like to go out on one. We can also do activities in the house like play games, have quiz nights, baking/cooking & movie nights.

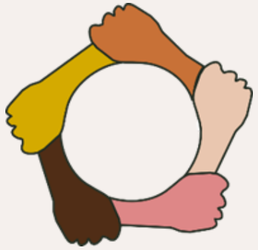


FOOD AND MEALTIMES

Food brings us together. At Garnet House, we sit down and share meals whenever we can – it's a great time to chat and laugh. The weekly menu is made with everyone's choices, and we'll encourage you to try different foods that help keep you healthy. On the 1st & 3rd Friday of the month we will have a take-away of your choice as a treat and on the 2nd & 4th Friday of the month staff will cook a "fake-away" meal. You will also have the chance to learn to cook – it's fun and a useful life skill for the future!



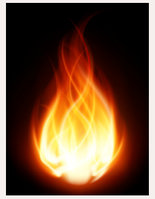




YOUNG PEOPLE'S MEETINGS

Every month we will have a young person's meeting within the home. This is where we can discuss your views, wishes and feelings. We want to hear about the things that you think are going well and not so well, anything you want to change in the home, things that you're happy & sad about and how you think the team are caring for you. Please remember though you don't have to wait until the meeting to raise how you are feeling.





HEALTH & SAFETY / FIRE

Everyone at Garnet House want to make sure that the home is safe for you. If you notice something is broken or could cause someone harm please tell one of the team so we can get it fixed or so we can make it safer for you & your peers.

If you smell or see a fire or if the fire alarm goes off within the home shout FIRE and get out of the house as quickly and safely as possible. If you are upstairs go downstairs and make your way out of the front door, if you are downstairs go out of the closest door to you. Once you are out of the home make your way to the hairdressers down the road and wait for the carers to give you your next instructions. DO NOT go back into the house as this will be dangerous. We will practice month to see how quickly you can get out of the house.

WE WRITE EVERYTHING DOWN

Because there are different people looking after you we need to write everything down so we do not forget anything. This also helps us as we can always go back and check things that have happened on different days.

If you ever want to know what has been said abut you then you can happily ask your social worker to share this with you.



SPEAKING UP: COMPLAINTS AND COMPLIMENTS

If you're ever unhappy or worried about something, please tell us. We take all complaints seriously and will always listen. There are forms you can fill in, you can ask an adult here to help you do this if you need it. You can also complain to the homes manager, deputy manger or to the responsible individual. You will always get a reply within a week. We also love hearing compliments and ideas - your voice makes Garnet House better!





nyas
national youth advocacy service

BARNARDO'S Changing childhoods. Changing lives.

ADVOCACY AND YOUR RIGHTS

An advocate is someone independent who can help you speak up and make sure your views are heard especially during meeting with your social worker and other professionals which are involved in your care. If you would like an advocate, just ask us and we'll help arrange this for you. You can also check out NYAS, Barnado's & Coram Voice.

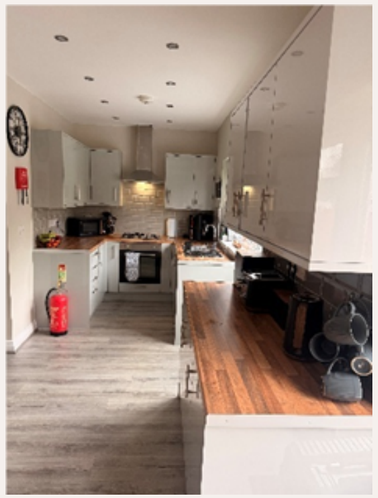




YOUR KEYWORKER

You choose your keywork within the home who will ensure all your views wishes and feelings are heard and actions. They will try and attend all important meetings for you too!

YOUR HOME









Picture of Young Person's Bedroom

YOUR BEDROOM

Your bedroom is private and a place for you to relax.
Your routines will continue so there is little change for you.
You will be able to choose how your room is decorated and can make it your own with pictures, posters and choose your own bedding etc.
Your carers will help you keep your room tidy, although you have to get involved.

SUPPORT AVAILABLE

Childline
Free - 24 hour helpline for children and young people in danger or distress. You can call and talk to a counsellor, email or text if you have a problem.
Helpline: 0800 1111

Bullying UK
Bullying UK helps young people in particular as well as a wide range of parents, pupils, teachers and youth organisations with all aspects of bullying. They have Facebook, twitter and flickr networks.
Email: help@bullying.co.uk

NSPCC Helpline
The NSPCC runs services for children, young people and their families throughout the UK, Guernsey and Jersey.
Helpline: 0808 800 5000
Email: Helpline@nspcc.org.uk

National Autistic Society
Information on the rights and interests of all people on the autistic spectrum, providing individuals and their families with help, support and services
Helpline: 0845 070 4004 (open 10am-4pm, Monday-Friday)
Email: visit www.autism.org.uk/enquiry and fill in the form

Ofsted
Email: CIE@ofsted.gov.uk
Contact Number: 0300 123 4666

Children's Commissioner: Dame Rachel de Souza
Help at Hand offers advice and representation for children in care, living away from home, working with social services and care leavers.
Email: help.team@childrenscommissioner.gov.uk
Contact Number: 0800 528 0731

Responsible Individual: Nikita Allin: 07425 644732
Social Worker:
IRO:

What are your likes and dislikes?

Thank you!